



## CAL SOUTH CONCUSSION INFORMATION FACT SHEET FOR PARENTS

### Cal South Concussion Policy:

Any player showing signs or symptoms characteristic with concussion will be removed from participation/competition. If an athlete who is 17 years of age or younger has been removed from athletic activity due to a suspected concussion, the youth sports organization shall notify a parent or guardian of that athlete of the time and date of the injury, the symptoms observed, and any treatment provided to that athlete for the injury.

The player ID card will be held and the player will not be allowed to return to play in any Cal South sanctioned event until he/she has a **full unconditional** medical clearance from a licensed health provider or physician who is trained in the evaluation and management of concussions and is acting within the scope of his or her practice.

The clearance must be on the physician's letterhead and include his/hers wet and/or original signature and display the address of the office location. It is important to note that **conditional clearances** will **NOT** be accepted.

If the licensed health care provider determines that the athlete sustained a concussion or other head injury, the athlete shall also complete a graduated return-to-play protocol of **no less than seven days** in duration under the supervision of a licensed health care provider.

By initialing this ELA or signing and returning this form to my affiliate league/club, I acknowledge that I have reviewed the information contained within this document.

Parent/Guardian Full Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_